

A STUDY TO DETERMINE THE LEVEL OF FAMILY BURDEN OF FAMILY MEMBERS OF DEPRESSIVE PATIENT AT SELECTED HOSPITAL IN CHENNAI

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ABSTRACT

“ A Study to determine the level of family burden of family members of depressive patient at selected hospital in Chennai ”

KEYWORDS: Family Burden, Depressive patient, Level of family burden, family members of depressive patient.

INTRODUCTION

In developing countries the entire spectrum of care giving, the perception interpretation of symptoms, decision on the mode of treatment and its continuation rest within the family – Ann mariner Tomy (2000). Barbara sheen Jhonson(2000) assessed that the mental illness of the family member affect the entire family this impact is often called as family burden. Benjamin J.Sadock(2000) states that treatment for depression is complex hence combination of therapy is often necessary to meet the individualized needs. Brooking, Susan (2004) states that without assessing the burden families have to face with possible effect on family and experience high level of stress. Elizabeth M et al (2006) found that patient to face a lot of problem interaction with friends and family. Eve C.Johnson et al (2004) found in his study that family members of depressive patients found much burden in financial area, family leisure, family routine, family interaction, and mental health of other family members. G.Egerer et al (2005) studied 29 depressive patients and reported those living with family members of expressed high level of family burden. Lousie RebracaShives (2005) reveled that family interventions improves families wellbeing and improves clinical functions.

MATERIALS AND METHODS

We have chosen 60 family members of depressive patients admitted in the psychiatric ward exploratory design and purposive sampling technique is adopted for the study.

Conceptual Frame Work

The conceptual frame work of the study is based on STETZS (2006) care givers model. They have examined the effects of care givers role in patient with chronic diseases and its effect on care givers.

RESULTS AND DISCUSSIONS

The present study was conducted to determine the family burden of family members of depressive patients Exploratory design was used 60 samples was selected by purposive sampling techniques.

SECTION - A

CLASSIFICATION OF FAMILY MEMBERS OF DEPRESSIVE PATIENTS

Table 1

S. No.	Variables	N = 60	
		No.	%
1.	Age (Yrs)		
	a. 31 – 40	34	56.7
	b. 41 – 50	17	28.3
	c. 51 – 60	7	11.7
	d. Above 60	2	3.3
2.	Sex		
	a. Male	38	63.3
	b. Female	22	36.7
3.	Religion		
	a. Hindus	32	53.3
	b. Christian	18	30.0
	c. Muslims	10	16.7
4.	Educational Status		
	a. Illiterate	26	43.3
	b. 1 st – 5 th Std.	16	26.7
	c. 6 th – 12 th Std.	8	13.3
	d. Graduate	10	16.7
5.	Occupation		
	a. Government Employee	10	16.7
	b. Private Employee	26	43.3
	c. Coolie Worker	21	35.0
	d. House Wife	3	5.0
6.	Monthly Income (Rs.)		
	a. Below 4000	21	35.0
	b. 4001 – 6000	3	5.0
	c. 6001 – 10,000	26	43.3
	d. Above 10, 000	10	16.7
7.	Place of Residence		
	a. Urban	21	35.0
	b. Rural	24	40.0
	c. Semi urban	15	25.0
8.	Number of family members		
	a. 1 – 3	12	20.0
	b. 4 – 5	27	45.0
	c. 6	18	30.0
	d. Above 6	3	5.0

SECTION – B

Level of Family Burden

Table 2

Family Burden Level	No.	%
Low (1 – 30)	3	5.0
Moderate (31 – 50)	21	35.0
High (51 – 75)	36	60.0
Total		100

SECTION – C

Classification of family members according to demographic variables and level of family burden

Table 3

S. No.	Variables	Family Burden Level (N = 60)						X ² (df=1)	P
		Low		Moderate		High			
		No.	%	No.	%	No.	%		
1.	Age (Yrs)								
	a. 31 – 40	1	2.0	15	44.1	18	52.9	1.0	0.3
	b. 41 – 50	1	5.9	5	29.4	11	64.7		
	c. 51 – 60	1	14.3	1	14.3	5	71.4		
	d. Above 60	-	-	-	-	2	100		
2.	Sex								
	a. Male	3	7.9	12	31.6	23	60.5	0.01	0.9
	b. Female	-	-	9	40.9	13	59.1		
3.	Religion								
	a. Hindus	2	6.3	10	31.3	20	62.3	0.03	0.9
	b. Christian	1	5.6	7	38.9	10	55.6		
	c. Muslims	-	-	4	40.0	6	60.0		
4.	Educational Status								
	a. Illiterate	1	3.9	3	11.5	22	84.6	9.3 (S)	0.002
	b. 1 st – 5 th Std.	-	-	7	43.8	9	56.2		
	c. 6 th – 12 th Std.	-	-	5	62.5	3	37.5		
	d. Graduate	2	20.0	6	60.0	2	20.0		
5.	Occupation								
	a. Govt Employee	3	30.0	5	50.0	2	20.0	14.60 (S)	0.0001
	b. Private Employee	-	-	14	53.8	12	46.2		
	c. Coolie Worker	-	-	-	-	21	100		
	d. House Wife	-	-	2	66.7	1	33.0		
6.	Monthly Income (Rs.)								
	a. Below 4000	-	-	-	-	21	100	14.6 (S)	0.0001
	b. 4001 – 6000	-	-	2	66.7	1	33.3		
	c. 6001 – 10,000	-	-	14	53.8	12	46.2		
	d. Above 10,000	3	30.0	5	50.0	2	20.0		
7.	Place of Residence								
	a. Urban	2	9.5	7	33.3	12	57.2	0.003	0.9
	b. Rural	1	4.2	4	16.7	19	79.1		
	c. Semi urban	-	-	10	66.7	5	33.3		
8.	Number of family members								
	a. 1 – 3	1	8.3	5	41.7	6	50.0	0.05	0.8
	b. 4 – 5	-	-	10	37.0	17	63.0		
	c. 6	2	11.1	5	27.8	11	61.1		
	d. Above 6	-	-	1	33.3	2	66.7		

CONCLUSIONS

Majority of the family members of the depressive patients experience severe burden. There is a association between occupation, monthly income and then the level of family burden, health care personnel can conduct camps dramas puppet show to create awareness among family members of depressive patients

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